

# Frequently Asked Questions

1. Do you lose time from work due to drinking?
2. Is drinking making your home life unhappy?
3. Is drinking affecting your reputation?
4. Have you felt remorse after drinking?
5. Do you crave a drink at a definite time daily?
6. Do you want a drink the next morning?
7. Do you drink alone?
8. Have you ever had a complete loss of memory as a result of drinking?
9. Is drinking jeopardizing your job or business?
10. Have you ever been to a hospital or institution on account of your drinking?
11. Have you ever decided to stop drinking for a week or so, but only + lasted for a couple of days?
12. Do you wish people would mind their own business about your drinking - stop telling you what to do?
13. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?

14. Have you had to have a drink in the morning during the past year?

15. Do you envy people who can drink without getting into trouble?

16. Have you had problems connected with drinking during the past year?

17. Has your drinking caused trouble at home?

18. Do you ever try to get 'extra' drinks at a party because you do not get enough?

19. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?

20. Have you missed days off work because of drinking?

21. Do you have blackouts?

22. Have you ever felt that your life would be better if you did not drink?